



Natural Approach  
Healthcare

Stony Brook Medical Park  
2500 Nesconset Highway  
Suite 4-A  
Stony Brook, NY 11790  
(631) 675-9000  
Fax (631) 675-9002  
[www.naturalapproach.us](http://www.naturalapproach.us)

Entrance Case History

(Please write or print clearly)

Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Male

Female

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Social Security Number \_\_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Marital Status:  Single  Married  Separated  Divorced  Widowed  Domestic Partner

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_

Emergency Contact Phone Number (\_\_\_\_) \_\_\_\_\_ Alternate Phone (\_\_\_\_) \_\_\_\_\_

Occupation \_\_\_\_\_ Last Grade Completed \_\_\_\_\_

**IF UNDER THE AGE OF 18, PARENT'S NAME/GUARDIAN'S NAME REQUESTED:**

Mother's Name \_\_\_\_\_ Father's Name \_\_\_\_\_

Guardian's Name \_\_\_\_\_ Relationship \_\_\_\_\_

Who referred you to us? \_\_\_\_\_

Who is your primary health care provider? \_\_\_\_\_ Phone Number (\_\_\_\_) \_\_\_\_\_

Main complaint you would like us to help you with: \_\_\_\_\_

\_\_\_\_\_

How long ago did this problem begin? \_\_\_\_\_

Have you been given a diagnosis for this problem? If so, what? \_\_\_\_\_

\_\_\_\_\_

What kind of treatments have you tried? \_\_\_\_\_

\_\_\_\_\_

Have these treatments helped alleviate the condition/problem? \_\_\_\_\_

What type of medications have you taken? \_\_\_\_\_

Were the medications effective? \_\_\_\_\_ Are you still taking the medications? \_\_\_\_\_

Are you currently receiving treatments for your problem? If so, describe: \_\_\_\_\_

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Name of Insured \_\_\_\_\_

Address of Insured \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Insured Phone Number: (\_\_\_\_) \_\_\_\_\_

Insurance Plan \_\_\_\_\_ ID # \_\_\_\_\_

Group Number \_\_\_\_\_ Insurance Phone Number (\_\_\_\_) \_\_\_\_\_

Relationship to Insured \_\_\_\_\_

Insured's Date of Birth \_\_\_\_\_ Insured's Employer \_\_\_\_\_

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### MEDICAL INFORMATION RELEASE

I, \_\_\_\_\_, give Natural Approach Healthcare and Kris Johnston MSOM, LAc permission to release my medical information to the following people:

_____ Name	_____ Contact Phone Number
_____ Name	_____ Contact Phone Number
_____ Name	_____ Contact Phone Number

This permission can be revoked in writing only.

To be completed by patient (or patient's representative if the patient is a minor or is physically or legally incapacitated).

\_\_\_\_\_  
Date Consent Completed

\_\_\_\_\_  
Print Name of Patient (or patient representative, if applicable)

\_\_\_\_\_  
Signature of Patient or Representative



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## PATIENT BILLING ACKNOWLEDGEMENT

I, \_\_\_\_\_, being a patient of Kris Johnston MSOM, LAc, CH,  
located at Stony Brook Medical Park, 2500 Nesconset Highway, Unit 4-A, Stony Brook, NY 11790, do  
hereby acknowledge that I have been informed in advance of receiving treatment that my health  
insurance benefits will/or may not cover acupuncture treatment. Upon signing this form, I  
acknowledge that I have chosen to undergo treatment and acknowledge that I am, therefore, solely  
financially responsible for the payment of services rendered to me.

\_\_\_\_\_  
Patient Name (Print)

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date



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## PATIENT CONSENT FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

With this consent, Kris Johnston MSOM, LAc and Natural Approach Healthcare (Clinic), may use and disclose Protected Health Information (PHI) about me to carry out treatment, payment, and healthcare operations (TPO). Please refer to the Clinic's Notice of Privacy Practices for a more complete description of such uses and disclosures.

I have the right to review the Notice of Privacy Practices to signing this consent. The Clinic reserves the right to revise its Notice of Privacy Practices at anytime. A revised Notice of Privacy Practices may be obtained by forwarding a written request to the Office Manager, Stony Brook Medical Park, 2500 Nesconset Highway, Unit 4-A, Stony Brook, NY 11790.

With my consent, the Clinic may call my home or other designated location and leave a message on voice mail or in person in reference to any items that assist the Clinic in carrying out TPO, such as appointment reminder, and any call pertaining to my clinical care.

With my consent, the Clinic may mail to my home, or other designated location, any items that assist the Clinic in carrying out TPO, such as appointment reminder cards.

I have the right to request the Clinic restrict how it uses or disclosed my PHI to carry out TPO. However, the Clinic is not required to agree to my requested restrictions, but if it does, it is bound by this Agreement.

By signing this form, I am consenting to the Clinic use and disclosure of my PHI to carry out TPO.

When my information is used or disclosed pursuant to this Authorization, it may be subject to redisclosure by the recipient and may no longer be protected by the applicable privacy laws. I have the right to revoke this Authorization in writing except to the extent that the Clinic has acted in reliance upon this authorization. My written revocation must be submitted to the Clinic's Office Manager, Stony Brook Medical Park, 2500 Nesconset Highway, Unit 4-A, Stony Brook, NY 11790.

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*Date*

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*Signature of Patient or Legal Guardian*

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*Relationship to Patient*

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*Patient's Name*

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*Print Name of Patient or Legal Guardian*



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**NOTICE OF PRIVACY PRACTICES**

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.**

**You may contact the Office Manager at Natural Approach Healthcare, Stony Brook Medical Park, 2500 Nesconset Highway, Suite 4-A, Stony Brook, N. Y. 11790, or at (631) 675-9000 or via fax at (631) 675-9002.**

**By signing below, I hereby acknowledge receipt of the Clinic's Notice of Privacy Practices.**

\_\_\_\_\_

**Date**

\_\_\_\_\_

**Patient's Name**

\_\_\_\_\_

**Patient's Signature**

**FOR USE BY CLINIC STAFF ONLY**

- Patient refused to sign
- Patient unable to sign

\_\_\_\_\_

**Employee's Initials**

\_\_\_\_\_

**Date**



6. List Surgeries/Operations you have had with dates:

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<b>Family History</b>	<b>Father</b>	<b>Mother</b>	<b>Sibling</b>	<b>Children</b>	<b>Self</b>
Arthritis					
Asthma					
Cancer (type)					
Heart Trouble					
High Blood Pressure					
Stroke					
Diabetes					
Kidney Disorders					
Thyroid Disorders					

7. Prior Health History

A. Childhood illnesses: \_\_\_\_\_

B. Past Traumas: \_\_\_\_\_

C. Allergies: \_\_\_\_\_

8. Do you currently smoke?                    \_\_\_ No                    \_\_\_ Yes- \_\_\_\_\_/per day

9. Do you drink alcohol?                    \_\_\_ No                    \_\_\_ Yes- \_\_\_\_\_/per week

10. Do you drink caffeine?                    \_\_\_ No                    \_\_\_ Yes- \_\_\_\_\_/per day

11. What is your Energy Level? \_\_\_\_\_

High time of the day: \_\_\_\_\_

Low time of the day: \_\_\_\_\_

12. How is your appetite?

\_\_\_ Absent                    \_\_\_ Weak                    \_\_\_ Strong

13. What tastes or foods do you crave? (Please check all that apply)

\_\_\_ Sweet                    \_\_\_ Hot/Spicy                    \_\_\_ Salty

\_\_\_ Bland                    \_\_\_ Sour                    \_\_\_ Bitter

\_\_\_ None                    \_\_\_ Other: \_\_\_\_\_

14. On average, how many hours do you sleep each night? \_\_\_\_\_



15. Do you have the following? (please check all that apply)

	Often	Seldom	Severe	Mild	None
Nausea					
Vomiting					
Belching					
Indigestion					
Stomach Pain					
Lower Abdominal Pain					
Bloody Stools					
Black Stools					
Mucus in Stools					
Hemorrhoids					
Lower Bowel Gas					
Stools Have Foul Odor					
Colon Problems					
Diarrhea					
Constipation					
Other					
Bowel Movements Occur _____ time/s in _____ day/s					

16. Have you had recent:

\_\_\_ Weight loss, \_\_\_\_\_ lbs.      \_\_\_ Weight gain, \_\_\_\_\_ lbs.

17. For FEMALE patients, do you experience any of the following? (Please answer each item):

No	Yes		No	Yes	
		Painful menses			Strong menstrual odor
		Irregular menses			Vaginal discharge
		Premenstrual changes			Strong vaginal odor
		Menstrual clots			Hot flashes
		Heavy menstrual flow			Onset of menopause
		Light menstrual flow			Infertility

Number of pregnancies \_\_\_\_\_  
 Number of live births \_\_\_\_\_  
 Number of miscarriages/abortions \_\_\_\_\_  
 Typical menstrual color \_\_\_\_\_

Age of first menses \_\_\_\_\_  
 Date of last period \_\_\_\_\_  
 Duration of flow \_\_\_\_\_  
 Length from period to period \_\_\_\_\_

18. Do you experience the following? (Please check all that apply)

<input type="checkbox"/>	Dizziness	<input type="checkbox"/>	Memory loss	<input type="checkbox"/>	Eye pain
<input type="checkbox"/>	Dry eyes	<input type="checkbox"/>	Red eyes	<input type="checkbox"/>	Blurred vision
<input type="checkbox"/>	Double vision	<input type="checkbox"/>	Eye floaters	<input type="checkbox"/>	Loss of balance
Headaches: where? _____					

<input type="checkbox"/>	Poor hearing	<input type="checkbox"/>	Earaches	<input type="checkbox"/>	Ear ringing
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<input type="checkbox"/>	Nose bleeds	<input type="checkbox"/>	Sinus trouble	<input type="checkbox"/>	Congestion
Frequent colds: how many _____/per year					

Hard to breathe	Wheezing	Chest pressure
Palpitations	Persistent cough	Chest pain
Coughing blood	Dry cough	
Coughing phlegm: what color & consistency _____		

Frequent urination	Hard to hold urine	Hard to urinate
Pain/Burning urination	Blood in urine	
Urination during the night: how many _____/per night		

*If you wish to provide additional information, please use the space below:*

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Patient's Signature: _____ _____
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